



*Le Tour De
Spirit of the
Great Heart
2025*

Join the Revived Pulse Foundation's '**Le Tour De Spirit of the Great Heart 2025**' Cycle Tour – an unforgettable adventure, now in its fifth year, that has already raised over R350,000 to help patients in need of life-changing cardiac devices.

Take this journey alongside passionate people from all walks of life and be part of a heart-led mission creating real change – one pedal, one heartbeat at a time.



FOLLOW OUR JOURNEY & CAUSE

 @revivedpulse  @revived_pulse_sa

25 - 30 SEPTEMBER 2025 | BEAUFORT WEST TO SOMERSET WEST

640KM | 6 DAYS
INFINITE IMPACT

in honour of World Heart Month



Your journey starts here

The entry fee for the 'Le Tour De Spirit of the Great Heart 2025' Cycle Tour is **R22,000** per cyclist. This fee includes:



6 NIGHTS' LODGING



MEALS, DRINKS & SNACKS



2x CYCLING SHIRTS



EN ROUTE SUPPORT



SECURE BIKE STORAGE



DAILY KIT LAUNDRY

Please note: Transport to Beaufort West and from Somerset West is not included, but vehicle options are available from Johannesburg and Cape Town/Paarl. Nutrition supplements are for cyclists' own account. All accepted cyclists will be required to complete a short interview and obtain medical clearance.

Sponsorship opportunities

You don't have to pedal to participate! Be a part of this incredible journey by means of either sponsoring a cyclist or by contributing to the tour in terms of:

- monetary donations used for support vehicle fuel
- food or drink sponsorships
- cyclist kit contributions
- nutrition supplements (energy gels, vitamins, etc.)

Sponsorships will be acknowledged on social media and via reporting media outlets. Section 18 A Donation Certificates will be issued upon request.

Email Pauline at events@revivedpulse.org to get involved!



The Le Tour Route

Embark on a breathtaking journey through the heart of the Karoo and beyond – where grit meets grace, and every turn of the pedal tells a story of hope.

From Beaufort West, birthplace of heart surgery pioneer Dr Christiaan Barnard, through the soulful stillness of Merweville, the starry heights of Sutherland, and the dramatic landscapes of Ceres and Paarl, this unforgettable route finishes at Mediclinic Vergelegen in Somerset West.

Cycling not only through scenic splendour but in honour of cardiac patients whose courage fuels every kilometre, 'Le Tour De Spirit of the Great Heart' is more than just a cycle tour – it's an inspiring and transformative experience that unites hearts, uplifts spirits, and celebrates the will to survive.

Full route- and elevation maps available on request

